



## **Petak Umpat Game as Stimulus for Social Education in Nursery Student**

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### **Abstrak**

Permainan tradisional sudah mulai punah pada jaman sekarang padahal permainan tradisional seperti petak umpet berguna untuk perkembangan sosial anak. Tujuan penelitian ini yaitu untuk menemukan nilai-nilai sosial yang bisa diambil dari permainan tradisional petak umpet. Permainan tradisional mengandung nilai-nilai sosial sebab permainan ini dilakukan secara berkelompok. Sementara metode penelitian yang digunakan yaitu metode studi Pustaka yaitu penelitian yang dilakukan dengan mengumpulkan berbagai sumber termasuk jurnal dan buku. Kemudian dilakukan deskripsi atas temuan dari setiap artikel. Hasil penelitian menunjukkan bahwa permainan tradisional termasuk sebuah permainan yang bisa menumbuhkan kehidupan sosial bagi anak sebab permainan tersebut dilakukan secara bersama-sama. Ada beberapa aspek sosial yang bisa berkembang melalui permainan petak umpet termasuk skill sosial tentang kemampuan berinteraksi dengan yang lain, berkomunikasi secara sosial, dan memiliki adaptasi sosial karena berhadapan dengan banyak anak dengan latar belakang keluarga yang berbeda-beda. Untuk itu permainan tradisional sangat penting untuk menumbuhkan skill sosial pada anak.

**Kata Kunci:** *Permainan Tradisional, Petak Umpet, skill sosial, interaksi sosial*

### **Abstract**

Traditional games are starting to become extinct today, even though traditional games such as Petak Umpet Games are useful for children's social development. The purpose of this study is to find social values that can be taken from the traditional game of hide and seek. Traditional games contain social values because these games are done in groups. While the research method used is the library study method, namely research conducted by collecting various sources including journals and books. Then a description of the findings of each article is carried out. The results of the study show that traditional games are games that can foster social life for children because these games are done together. There are several social aspects that can be developed through the game of hide and seek, including social skills regarding the ability to interact with others, communicate socially, and have social adaptations due to dealing with many children with different family backgrounds. For this reason, traditional games are very important to foster social skills in children.

**Keywords:** *Tradisional Games, Petak Umpet, Social skill, social interaction.*

## **INTRODUCTION**

Early childhood is a unique individual with all potential which he has. When a child is born, he is not yet social. That is, he does not have the ability to get in touch with other people. He needs the guidance and education of others, especially his parents as the closest person (Nurhasanah, Sari, and Kurniawan 2021). Outwardly, a child is a social creature that has started since the beginning of his life (Almira Salsabila et al. 2020). From an educational perspective, children are humans who are at a crucial stage of necessary growth and development to get optimal attention and balance (Musi, and, 2017). One aspect of early childhood development that really needs to be considered is the social-emotional aspect, because the social-emotional aspect is the initial ability for children to interact with the wider environment (Nurjanah 2018). One obstacle in the social development of early childhood is anti-social. We often encounter this antisocial behavior today and some are seen in early childhood. his antisocial behavior will be a problem complex in children and will have an impact on aggressive behavior (Wulandari, Ichsan, and Romadhon 2017).

This is because humans are social creatures who can not live alone and definitely need other people. Meanwhile, in this digital era where children have busy with his solitude with the means electronics, making them human beings who individualis (Suud 2017). Emotional social development is a person's ability to behave or behave in interacting with the surrounding environment, with using the play method can stimulate social emotional development students to have the ability to manage positive emotions in socializing with the environment (Paramita, Hasani, and Pratama 2021). Social development is the achievement of maturity in relationships social. Children's social skills can be obtained from various opportunities and experiences interacting with the people in their environment with others has been felt since the age of six months when children are able to recognize the environment (Dewi, Mayasarokh, and Gustiana 2020). Social skills children develop starting from interaction and communication with family members at home, however as children get older, increased social interaction with a school environment like friends and teachers. The Ability Children's social development goes hand in hand with the emotional development of children, because both of them influence each other (Fajarwati et al. 2021).

The results showed that early childhood social skills include the ability to show activeness in the game, empathize with friends, be sporty in the game, able to lead in groups, see the strengths of friends not as obstacles, able to take quick decisions, confident in playing the game, able to work together inside group, can communicate well with friends, always try and never give up, easy to get along with friends around him and able to understand friends (Sintia, Kuswanto, and Meriyati 2019). Another discovering reveal that aspects of children's social development need to be developed, because with the social presence children are able to interact with other people (Sardi and Mayar 2021). Social development will be obtained by children through observing, listening and imitating people around, at this time a very large role is needed from educators

and parents in developing children's social development social development in early childhood relies on a friend of the same age. The child's level of interaction with other people starting from parents, siblings, playmates to wide community. As result as, social development emotions can't be separated each other (Dhalu and Anrada 2019).

The results of this study indicate that peers can help the social development of children such as children can obey the rules and help friends in circumstances such as learning and also sharing against friends (Melinda and Izzati 2021). Playing must be done at the initiative of the child and on the decision of the child itself, carried out with pleasure, so that all playful activities will produce a learning process in the child. Playing can also stimulate various children's developments such as physical-motoric, cognitive, logicalmathematical, language, moral-religious, social-emotional and artistic (Lubis 2019). Beside the factor have been mentioned above, the parenting pattern impact to children behaviour like the method of mother at home to teach their children. Mother also sees success children's future is only determined by intelligence children's intellectuals. Mother is an educator most importantly, teachers and peers which is the second environment for the child. This is in accordance with the opinion that a good and correct mother's education will be very affect children's social development (Azwi, Yenni, and Okta 2022). Previous research has shown that social life is very important in early childhood life. Children's social life is strongly influenced by the conditions of the family environment and the surrounding environment. The more children can interact with the environment, the more children know about the environment. However, the environment also needs to be filtered so that children do not fall into an environment that is not good for children. The research focus on social value in petak umpet games for development of early childhood.

## **METHODOLOGY**

The topic research about the tradisional game of petak umpat as stimulate for social education in early childhood is performed by literatur studies. library research is research activities are carried out with how to collect information and data with the help of various materials what is in the library is like a book references, results of previous research similar, articles, notes, and various journals related to problem to be solved. Activity carried out systematically for collect, process, and conclude data with using certain methods/techniques to find answers to problems faced (M. Sari 2020). Use of literature, both in research quantitative as well as in qualitative research play an important and diverse role in a research project. In general, literature used to identify outcomes previous research, namely various findings that have been found or have not been found related with a special phenomenon or situation that will researched. From the aspect of time, the literature that can be reviewed before, during, and after doing some research (Afiyanti 2014).

Once after the article have been discovered, the content of article will compare to other for finding the dereferences and the new finding. After that the data will be boosted by other finding. It make the finding will more finding.

Descriptive research is a research method that seeks to describe the object or subject that is studied objectively, and aims to describe the facts systematically and characteristically the object and the frequency studied appropriately. Descriptive research findings are deep, broad and detailed (Zellatifanny and Mudjiyanto 2018). Qualitative research to seek understanding Definition, Purpose, and Background An in-depth study of a phenomenon, fact or reality. In this study, there are several things that will be found in various literatures including social values ranging from social skills, social interaction, social life, and social adaptation of children in the traditional game of hide and seek. Once the findings have been collected, the findings will be discussed. Furthermore, it will be supported by other literature sources so that there are new findings from the findings from various sources. The discussion is then carried out in a descriptive manner by descriptively each finding.

## **RESULT AND DISCUSSION**

The form of culture that the Indonesian people have is wrong the other is a traditional game. Traditional games are generally played by almost the entire younger generation in various regions. The traditional game in ancient times it became a daily game played by the younger generation. The traditional games that are played are also varied and each played according to the regulations in force in their respective regions (Huda and Prasetyo 2010). If you look further, traditional games really help children in developing all aspects, because traditional games contain many meaningful values life (Khoirunnisa 2020). Traditional games are also known as the term folk game, where is this activity not only as a means only to entertain themselves, but also maintain harmony, comfort and social harmony and can form the character of the child to be able to socialize with their peers to be better again (Lacksana 2017). By playing children can learn to socialize with friends, develop motor skills with move, and express their thoughts.

Play is important for children, because Play is a very important part of the child's growth and development process. Through Playing activities children will learn various things about everyday life (A. T. R. Sari and Wahyudi 2021). Traditional games, encourage children to be creative because they are trained to make your own game rules so that the child does not feel himself learn, play and play do fun activities (Susanto and Susanto 2018). The benefits can develop the moral, motoric, cognitive, language, and social development of children. These traditional games contain various positive values that very good to be developed which not only covers aspects of cognitive, but also motor, affective, language, social, emotional, spiritual and ecological aspects (Yati, Dewi, and Singaraja 2011). The benefits of playing is not only felt when being done with a group of friends, but playing alone can also provide benefits for young children early (Rohmah 2016). Every child will do the game because by playing children make social adjustments. This is supported by Tedjasaputra in his study which confirmed that playing activities with friends peers is characterized by interactions with other friends, so that Children are able to work together in games. Thus the children will reduce his egocentric behavior and can gradually develop become

social beings who get along and adapt to the environment social (Valentina Mbadhi, Ansel, and Pali 2018).

Petak Umpet Games is one of the traditional games that have social values. Petak Umpet Games is very good for honing children's development, including gross motor skills. Petak Umpat game is a form of game educative. It stimulates motoric in early childhood (Saputri 2021). Gross motor skills are movements involving part or all of the body's members which include: components of coordination, balance, speed, dexterity, and internal strength any locomotor, non-locomotor and manipulative movements (Nisa monicha 2020). Gross motor process is an activity or implementation that uses the large muscles in the child which is the basis for follow all basic locomotor and non-locomotor movements of striated muscle so that it can function to perform basic movement activities that coordinated through the brain, so it can stimulate and perform activities such as walk, jump, kick, run, hit, throw, push and pull so that it can be coordinated through body movements (Ashar and Inrawulan 2021). It can be concluded that gross motor is a physical activity that requires coordination of limbs by using the performance of the muscles magnitude, for example: walking, jumping, crawling and swinging hands (Septiani, Purnama, and Sumitra 2019). Children who have gross motor skills well then he will have good mental development because children are able to adapt themselves with their surroundings so that his self-confidence will continues to increase and will positive effect on cognitive motor skills (Hidayanti 2013).

The gross motor have numerous of function including Train flexibility and coordination of muscles and fingers, Spur growth and development of children's physical/motor, spiritual, and health, Forming, builds and strengthens the child's body, Train movement skills/dexterity and thinking child, and Improve children's emotional development (Oktadinata and Munar 2019). The period of motor skills of children aged Early childhood is closely related to the activities carried out by children. Many children physical activity, gross motor skills will develop properly, the child's growth will also be optimal. Rough motoric involves the large muscles of the child working (Heliati Fajriah, Dewi Fitriani 2020). Motor skills mean too as a development of body movements that make the brain the control center in perform movements or muscles, nerves and brain that coordinate with each other to produce one move (Qomariah and Hamidah 2022). The advantages of Petak Umpet Games is to give joy to children, increase leg muscle endurance, teach discipline to understand the rules of the game and develop children's logical intelligence (Muhajirin and Andriana 2022).

The another merit of petak umpet game to developing social skills emotional child, from the game the child will more agile and active, children can recognize environment, understand the rules of the game, socialize with peers and be free play. In petak umpet game, children will trained in endurance and mind, because in this game children will learn about responsibility and learn to be patient (Salamiyah Nur Hakim Harahap et al. 2022). It must be supported by the other discovering to reveal that through stimulating children's play senses, learn how to use their muscles, coordinating sight and movement, exercise control

against their whole body and gain new skills (D. P. Sari, Saparahayuningsih, and Wembrayarli 2020). It is also encouraged that early childhood learning activities through traditional games are also able to provide concrete experience of various things that can be developed all the potential of children, for example by playing Petak Umpet Games able to develop children's kinesthetic intelligence (Anggreni 2022). It is different with the another finding where petak umpet game result to build character in early childhood. Character value that formed from these traditional games, namely: tolerance, empathy, and can hone emotional abilities to be able to together and interact with playmates; patiently waiting turn; obey the rules of the game; hand dexterity and eye foresight; spirit hard work; and practice skills, accuracy, and sportsmanship (Rianto and Yuliananingsih 2021).

Other types of characters that also grow include religious, nationalist, integrity, mutual cooperation and independence, which are increasing in terms of positive character and character that can form good behavior in children's daily lives both at school and outside of school (Srikandi, Suardana, and Sulthoni 2020). Teachers can provide activities game of Petak Umpet Games as an effort to develop children's kinesthetic intelligence through various movements that will be carried out by children. In the game using petak umpet game, The teacher functions as a facilitator, whose job is to provide direction and example for children. Children's activity in playing is more emphasized on gross motor development. With this game, the ability Children's gross motor skills can be developed (Laini 2020). Based on the above findings, it proves that traditional games are one way to stimulate children's gross motor skills.

The success of this gross motor stimulation has an impact on the child's social ability to the environment. The more children play outside the home, the more likely the child has the ability to adapt to various types of environments. Even children are not stressed because they can play in the wild. Of course there is the ability to adapt to the environment, including the ability to communicate socially with other children. At the same time, children will have the capacity to understand other children because each child has a different character. When children often hang out, children will immediately have excellent social skills so that it is very useful for the child in the future.

## **CONCLUSION**

Traditional games are one of the games that can help children develop well even though traditional games have begun to be forgotten. Children need a social environment and social interaction so that traditional games need social life. Children need to communicate, be creative, and learn to cooperate and adapt to the environment. The more often children are faced with various social diversity, the more children's ability to socially develop to deal with social diversity. Traditional games such as hide and seek are classified as games that can help children develop well socially because the game is done in groups not alone so that it will directly foster good social skills in children. There are physical movements carried out by children so that they support children's physical development, not just brain development. These physical movements can support social development in children so that children do not just play indoors.

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